Tibet, one of the world’s most mysterious and remote places. Explore the dazzling beauty, be in close touch with holy sites and culture relics, Tibet tours are starting every month.
4-day Lhasa Holy City Tour £480

Price includes
- 3 nights 4*hotels (Single supplement £120)
- Escorted Group tour with English speaking guides
- All entrance tickets in the tours
- All hotels / airports transfers in China
- Meals as stated
- Tibet Permit

Not includes
- Flights from & to UK add £600-£700p.p.
- Flights/Trains from & to Lhasa can be arranged
- Chinese visa fee

Tour Dates 2016 (Start at Lhasa)

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Highlights: Potala Palace - Jokhang Monastery - Barkhor Street - Drepung Monastery - Sera Monastery

Tel: 0208 123 7191    Email: tours@5starchinatravel.com
www.5starchinatravel.com
**Day 01  Lhasa Arrival**

Pick up at airport/train station and transfer to Hotel. Rest in Lhasa to acclimatize the high altitude. 3 nights in Lhasa.

---

**Day 02  Potala Palace, Jokhang Temple, Barkhor Street (B/D)**

Morning section to visit the famous Potala palace and explore the grandest of this myriad chapels. Afternoon we will visit the Jokhang Temple, and at Barkor Kora, which is the most famous Kora in Tibet, we can buy Tibetan traditional or religious things.

---

**Day 03  Drepung Monastery, Sera Monastery (B)**

We will visit two important monasteries in Lhasa, the Drepung and the Sera. If we are very lucky, we may even come across Sera Monastery’s Monks debiting which was held in the courtyard at around 3:00-5:30 in the afternoon.

---

**Day 04  Lhasa airport dropping off (B)**

Your tour guide and driver will help to drop you at the Lhasa airport, end the service.

---

**4-day Lhasa Holy City Tour £480**

Tel: 0208 123 7191   Email: tours@5starchinatravel.com

www.5starchinatravel.com
6-day Lhasa Gyantse Shigatse Ancient City Tour £850

Price includes
- 5 nights 4*hotels (Single supplement £190)
- Escorted Group tour with English speaking guides
- All entrance tickets in the tours
- All hotels / airports transfers in China
- Meals as stated
- Tibet permit

Not includes
- Flights from & to UK add £600-£700 p.p.
- Flights/Trains from&to Lhasa can be arranged
- Chinese visa fee

Tour Dates 2017 (Start at Lhasa)

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Highlights: Potala Palace - Jokhang Monastery - Barkhor Street - Drepung Monastery - Sera Monastery - Karola Glacier - Yamtso Tso Lake - Gyantse Kumbum - Tashi Lhunpo Monastery

Tel: 0208 123 7191 Email: tours@5starchinatravel.com
www.5starchinatravel.com
Day 04  Karola Glacier, Yamto Tso Lake, Gyantse
Passing by the green farmland of Nyangchu Valley, Yamdrotsos lakes, Karo-la glacier roadside at 4960m, we move west wards to the second biggest city Shigaste.
Overnight in Shigaste.

Day 05  Tashi Lhunpo Monastery (B)
Before we drive back to Lhasa from Shigatse, we will visit the largest Monastery in west Tibet, the Tashi Lhunpo Monastery.
Overnight in Lhasa.

Day 06  Lhasa airport dropping off (B)
Your tour guide and driver will help to drop you at the Lhasa airport, end the service.
6-day Lhasa Namtso Lake Tour £780

**Price includes**
- 4 nights 4*hotels & 1 night guesthouse (Single supplement £180)
- Escorted Group tours with English speaking guides
- All entrance tickets in the tours
- All hotels / airports transfers in China
- Meals as stated
- Tibet permit

**Not includes**
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- Flights/Trains from&to Lhasa can be arranged
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**Highlights:**
- Potala Palace
- Jokhang Monastery
- Barkhor Street
- Drepung Monastery
- Sera Monastery
- Namtso Lake
- Nyecheng Tangkula Moutain

Tel: 0208 123 7191 Email: tours@5starchinatravel.com
www.5starchinatravel.com
6-day Lhasa Namtso Lake Tour £780

Lhasa - Namtso Lake | Day 04

Day 04 | Sun set of Namtso and Snow-capped Nyecheng Tangkula Moutain (B)

During driving to Namtso Lake, we can see crows of Yaks and sheep. And you will pass the Nagenla Mountain with the altitude of over 5,000 meters. Overnight at Lake side.

Namtso Lake - Lhasa | Day 05

Day 05 | Namtso Lake.

In the morning, get up early and view the magnificent sun rise of his holy sky lake. Then drive back to Lhasa, in the process of which we may enjoy the Yampajain Hot-spring. Overnight in Lhasa.

Lhasa | Day 06

Day 06 | Lhasa airport dropping off (B)

Your tour guide and driver will help to drop you at the Lhasa airport, end the service.
7-day Kathmandu to Lhasa Overland Tour £1050

**Highlights**
- Himalaya ranges - Tashilhunpo Monastery - Kubum monastery - Yamdrok Lake - Karola Glacier - Jokhang Monastery - Barkhor Street - Drepung & Sera Monastery - Potala Palace

**Price includes**
- 6 nights 4*hotels (Single supplement £250)
- Escorted Group tour with English speaking guides
- All entrance tickets in the tours
- All hotels / airports transfers in China
- Meals as stated
- Tibet permit

**Not includes**
- Flights from & to UK add £600-£700 p.p.
- Flights/Trains from & to Lhasa can be arranged
- Chinese visa fee

**Tour Dates 2017 (Start at Zhangmu)**

May
8/29

**Other days** Join in private tours available

Tel: 0208 123 7191       Email: tours@5starchinatravel.com
www.5starchinatravel.com
7-day Kathmandu to Lhasa Overland Tour £1050

Zhangmu-Shigatse | Day 01-03

Day 01    Zhangmu to Nymlan.  
Overnight in Nymlan.  
Optional Service: We provide Kathmandu to Kodari (Nepal border) private transfer service at £ 195/car

Day 02    The views of the Himalaya ranges. (B)  
Overnight in Tingri.

Day 03    Tashilunpo Monastery. (B)  
Overnight in Shigatse.

Shigatse-Gyantse-Lhasa | Day 04

Day 04    The Pelkor Monastery, Yamdrok Lake, Korola Glacier (B)

Driving back to Lhasa via Gyantse town, Visit the Kubum monastery, karola Glacier, Yamdro-tso Lake on the way.
3 nights in Lhasa.

Lhasa | Day 05-06

Day 05    Potala Palace, Jokhang Temple, Barkhor street. (B,D)  
Morning section to visit the famous Potala palace.  
Afternoon visit the Johkang Temple, Barkhor street.

Day 06    Lhasa Sightseeing: Drepung Monastery, Sera Monastery. (B)  
Visit two important monasteries in Lhasa, the Drepung and the Sera.

Lhasa | Day 07

Day 07    Lhasa airport dropping off. (B)

Your tour guide and driver will help to drop you at the Lhasa airport, end the service.

Tel: 0208 123 7191        Email: tours@5starchinatravel.com
www.5starchinatravel.com
7-day Lhasa to Kathmandu Overland Tour £1080

Price includes
♦ 5 nights 4*hotels (Single supplement £230)
♦ 1 Night Rongphu Monastery Tent or Guest House
♦ Escorted Group tour with English speaking guides
♦ All entrance tickets in the tours
♦ All hotels / airports transfers in China

Not includes
◊ Flights from & to UK add £600-£700p.p.
◊ Flights/Trains from & to Lhasa can be arranged
◊ Chinese visa fee

Tour Dates 2017 (Start at Lhasa)

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Other days Join in private tours available

Highlights: Potala Palace - Jokhang Monastery - Barkhor Street - Drepung & Sera Monastery - Yamtsa Tso Lake - Tashi Lhunpo Monastery - Rongpuk Monastery - Everest Base Camp - Tingri - Zhangmu

Tel: 0208 123 7191     Email: tours@5starchinatravel.com
www.5starchinatravel.com
Day 04    Karola Glacier, Yamtso Tso Lake, Gyantse(B)

Passing by the green farmland of Nyangchu Valley, Yamdrotsos lakes, Karola glacier roadside at 4960m, We move westward to the second biggest city Shigatse.
Overnight in Shigaste.

Day 05  Tashi Lhunpo Monastery, Rongpuk Monastery, far view Peaks of Himalayas (B)

Drive from Shigatse to Rongphu Monastery.
Overnight at Rongphu Monastery Tent or Guest House.

Day 06  Everest Base Camp, Old Tingri

After visit Everest Base Camp, drive to Old Tingri.
Overnight in Old Tingri.

Day 07    Old Tingri to Zhangmu, Nepal Border. (B)
5 to 6 hours driving to Zhangmu.
When you arrive at there, our tour guide will drop you off at the border bridge, you can hike on your own to cross the border bridge, then check in Nepal Side.
End tour at Nepalese Border.
8-day Lhasa and Everest Base Camp Tour £980

Price includes
◆ 6 nights 4*hotels (Single supplement £230)
◆ 1 Night tent at Everest Base Camp
◆ Escorted Group tour with English speaking guides
◆ All entrance tickets in the tours
◆ All hotels / airports transfers in China
◆ Meals as stated
◆ Tibet Permit

Not includes
◆ Flights from & to UK add £600-£700 p.p.
◆ Flights/Trains from & to Lhasa can be arranged
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Highlights: Potala Palace - Jokhang Monastery - Barkhor Street - Drepung & Sera Monastery - Karola Glacier - Yamtso Tso Lake - Gyantse Kumbum - Tashi Lhunpo Monastery - Rongpuk Monastery - Everest Base Camp

Tel: 0208 123 7191   Email: tours@5starchinatravel.com
www.5starchinatravel.com
Day 01  Lhasa Arrival.
Pick up at airport/train station and transfer to Hotel.
Have a rest.
3 nights in Lhasa.

Day 02  Potala Palace, Jokhang Temple, Barkhor Street (B,D)

Day 03  Drepung Monastery, Sera Monastery (B)

Day 04  Karola Glacier, Yamtsa Tso Lake, Gyants (B)
Passing by the green farmland of Nyangchu Valley,
Yamdrotso lakes, karo-la glacier roadside at 4960m,
We move westward to the second biggest city
Shigatse.
Overnight in Shigaste.

Day 05  Tashi Lhunpo Monastery, Rongpuka Monastery,
far view Peaks of Himalayas (B)

Day 06  Everest Base Camp.
After visit Everest Base Camp, drive back to Shigatse.
Overnight in Shigaste.

Day 07  Tashilunpo monastery. (B)
Drive back from Shigatse to Lhasa.
Overnight in Lhasa.

Day 08  Lhasa airport dropping off. (B)
Your tour guide and driver will help to drop you at
the Lhasa airport, end the service.

Tel: 0208 123 7191   Email: tours@5starchinatravel.com
www.5starchinatravel.com
8-days Lhasa Gyantse Shigatse Namtso Tour £1150

Price includes
- 7 nights 4*hotels (Single supplement £280)
- Escorted Group tours with English speaking guides
- All entrance tickets in the tours
- All hotels / airports transfers in China

Not includes
- Flights from & to UK add £600-£700 p.p.

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October
2/5/8/12

Highlights: Potala Palace - Jokhang Monastery - Barkhor Street - Drepung Monastery - Sera Monastery - Karola Glacier - Yamtsa Tso Lake - Gyantse - Kumbum - Tashi Lhunpo Monastery - Brumaputra river - Namtso Lake

Tel: 0208123 7191 Email: tours@5starchinatravel.com

www.5starchinatravel.com
8-days Lhasa Gyantse Shigatse Namtso Tour £1150

**Lhasa | Day 01-03**

**Day 01**  Lhasa Arrival.
Pick up at airport/train station and transfer to Hotel.
Have a rest.
3 nights in Lhasa.

**Day 02**  Potala Palace, Jokhang Temple, Barkhor Street (B,D)

**Day 03**  Drepung Monastery, Sera Monastery (B)

---

**Lhasa-Gyantse-Shigatse | Day 04**

**Day 04**  Karola Glacier, Yamtso Tso Lake, Gyantse Kumbum (B)

Passing by the green farmland of Nyangchu Valley, Yamdrotsos lakes, karo-la glacier roadside at 4960m, we move west wards to the second biggest city Shigatse.
Overnight in Shigaste.

---

**Shigatse-Lhasa | Day 05**

**Day 05**  Tashi Lhunpo Monastery (B)

Before we drive back to Lhasa from Shigatse, we will visit the largest Monastery in west Tibet, the Tashi Lhunpo Monastery.
Overnight in Lhasa.

---

**Lhasa-Namtso | Day 06-08**

**Day 06**  Namtso Lake, Tashido island. Grassland.
Overnight at lake side.

**Day 07**  Tashi Dor Island and sun rise of Namtso Lake.
Overnight in Lhasa

**Day 08**  Lhasa airport dropping off (B)

Your tour guide and driver will help to drop you at the Lhasa airport, end the service.

Tel: 0208 123 7191   Email: tours@5starchinatravel.com
www.5starchinatravel.com
10-day Lhasa and Everest Base Camp Tour £1250

Price includes
♦ 8 nights 4*hotels (Single supplement £270)
♦ 1 Night tent at Everest Base Camp
♦ Escorted Group tour with English speaking guides
♦ All entrance tickets in the tours
♦ All hotels / airports transfers in China
♦ Meals as stated
♦ Tibet Permit

Not includes
♦ Flights from & to UK add £600-£700p.p.
♦ Flights/Trains from & to Lhasa can be arranged
♦ Chinese visa fee

Phone: 0208 123 7191       Email: tours@5starchinatravel.com
www.5starchinatravel.com
Hunan – Zhangjiajie

Day 04    Karola Glacier, Yamtso Tso Lake, Gyantse Kum bum (B)

Passing by the green farmland of Nyangchu Valley, Yamdrotsuo lakes, Karo-la glacier roadside at 4960m, We move westward to the second biggest city Shigatse.

Overnight in Shigaste.

Day 05    Tashi Lhunpo Monastery, Rongpuk Monastery, far view Peaks of Himalayas (B)

Drive from Shigatse to Rongphu Monastery.

Overnight at Rongphu Monastery Tent or Guest House.

Day 06    Everest Base Camp.

After visit Everest Base Camp, drive back to Shigatse.

Overnight in Shigaste.

Lhasa | Day 01 - 03

Day 01    Lhasa Arrival.
Pick up at airport/train station and transfer to Hotel. Have a rest.
3 nights in Lhasa.

Day 02    Potala Palace, Jokhang Temple, Barkhor Street (B,D)

Day 03    Drepung Monastery, Sera Monastery (B)

Lhasa-Gyantse-Shigatse | Day 04

Day 04    Karola Glacier, Yamtso Tso Lake, Gyantse Kum bum (B)

Passing by the green farmland of Nyangchu Valley, Yamdrotsuo lakes, karo-la glacier roadside at 4960m, We move westward to the second biggest city Shigatse.

Overnight in Shigaste.

Everest Base Camp | Day 05 - 06

Day 05    Tashi Lhunpo Monastery, Rongpuk Monastery, far view Peaks of Himalayas (B)
Drive from Shigatse to Rongphu Monastery.
Overnight at Rongphu Monastery Tent or Guest House.

Day 06    Everest Base Camp.
After visit Everest Base Camp, drive back to Shigatse.
Overnight in Shigaste.

Shigatse-Lhasa | Day 07 - 10

Day 07    Tashilunpo monastery. (B)
Drive back from Shigatse to Lhasa.
Overnight in Lhasa.

Day 08 - 09    Lhasa to Namtso Lake. (B)
Visit Namtso Lake. Overnight at lake side.
View magnificent sun rise of this holy sky lake. Then drive back to Lhasa
Overnight at lake side.

Day 10    Lhasa airport dropping off. (B)
Your tour guide and driver will help to drop you at the Lhasa airport, end the service.

Tel: 0208 123 7191 Email: tours@5starchinatravel.com
www.5starchinatravel.com

10-day Lhasa and Everest Base Camp Tour £1250
15-day Everest Base Camp-Mount Kailash Tour £1850

Price includes
- 13 nights 4*hotels (Single supplement £280)
- 1 Night tent at Everest Base Camp
- Escorted Group tour with English speaking guides
- All entrance tickets in the tours
- All hotels / airports transfers in China
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www.5starchinatravel.com
Day 01 | Lhasa Arrival.
Pick up at airport/train station and transfer to Hotel.
3 nights in Lhasa.
Day 02 | Drepung Monastery, Sera Monastery (B,D)
Day 03 | Potala Palace, Jokhang Temple, Barkhor Street (B)

Day 04 | The Yamtso Tso Lake, The Pelkor Monastery, the Karola Glacier, Far view of the Gyantse Fortress. (B)
Overnight in Shigate.

Day 05 | Tashi Lhunpo Monastery (B)
Overnight in Tingri.
Day 06 | Rongpuk Monastery, far view Peaks of Himalayas. Overnight in Tibetan Tent.
Day 07 | Everest Base Camp. After tour drive to Saga.
Overnight in Saga.

Day 08 | Drive from Saga to Darchen. Overnight in Darhcen
Day 09 | Trek day one (outer circuit). Darchen to Drirapuk (11KM). 2 nights at the tent.
Day 10 | Trek day two – Drirapuk to Dzultripuk (22KM).
Day 11 | Trek day three – Dzultripuk to Darchen (11KM). Overnight in Darchen.

Day 12 | Drive from Darchen to Saga(530KM).
Overnight in Saga
Day 13 | Drive from Saga to Shigatse.
Overnight in Shigatse
Day 14 | Drive from Shigatse to Lhasa.
Overnight in Lhasa
Day 15 | Leave Lhasa to your next destination.
Your tour guide and driver will help to drop you at The Lhasa airport, end the service.
TIBET TOURS

LHASA - SHIGATSE - RONGPUK - EVEREST BASE CAMP - NAMTSO

5 Star China Holidays Ltd
Suite 635, 6th Floor, Linen Hall
168 Regent Street,
London,
W1B 5TG

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General: +44 207 5800 554
Tour: +44 208 123 7191
Email: tours@5starchinatravel.com

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